

# Emergency First Aid CPR AED

The Emergency First Aid course is designed to meet the needs of the low risk workplace. This course is great for the general public wanting to learn First Aid to feel better prepared to act in an emergent situation. Course content includes:

- Emergency Scene Management
- Shock, Fainting and Unconsciousness
- Bleeding and Wounds
- Asthma and Allergies
- Head, Spinal and Pelvic Injuries
- Diabetic Emergencies
- Seizures
- Respiratory and Cardiovascular Emergencies,

**Full course** teaches learners to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. It includes adult, child, and infant rescue techniques. The Emergency First Aid course includes realistic scenarios and hands on practice. This course completion time is approximately 6-8 hours depending on class size.

**Cost: \$100**

**Renewal course:** there is no renewal course available. To remain certified, the full course is required every 3 years.



**Cochrane Emergency Training  
Services**



*Reference:*

*[resuscitation.heartandstroke.ca](http://resuscitation.heartandstroke.ca)*

*[work.alberta.ca](http://work.alberta.ca)*